

READ ME:



Maybe Something Beautiful: How Art

Transformed a Neighborhood

by F. Isabel Campoy and Theresa Howell, illustrated by Rafael López



When Grandma Gives You a Lemon Tree

by Jamie L. B. Deenihan, illustrated by Lorraine Rocha



How to Solve a Problem: The Rise (and Falls) of a Rock-Climbing Champion

by Ashima Shiraishi, illustrated by Yao Xiao



The Cardboard Kingdom

by Chad Sell



Lupe Wong Won't Dance

by Donna Barba Higuera



YOU CAN DO IT!

Explore:

Author Jason Reynolds believes that “the truest superpowers are the ones we all possess: willpower, integrity, and more importantly, courage.” What are your real-world superpowers? Design the image that would be on your superhero cape. Whenever you need some extra strength, imagine putting it on!

Family Discussion:

Ask your family members about their favorite ways of solving a problem. Do they write down a plan for problem solving? Do they ask for advice? Do they think about the last time they faced a similar problem?

Activity:

Use your problem-solving skills to help out others! Organize a fundraiser, a neighborhood clean-up, or a collection of coats for people in need. Gather your friends and come up with a plan – and you will not only help others, but gain skills in leadership, problem-solving, and communication!

Feelings:

To help unwind, make it a daily habit to unplug, stretch, breathe deeply and enjoy quietness. If you are tense, try taking a deep breath or two – how does it make you feel?

Pay It Forward!

Make something beautiful and give it away to family member, friend, or stranger. How does it feel to share a gift you made for someone?

Did you know?

Laughter is contagious! Have you heard the phrase, “Laughter is the best medicine?” It’s true, laughter boosts your health and makes you feel better. When’s the last time you had a really good laugh?

HELLO

SOL

Sol loves art of all kinds – painting, music, dance, writing, acting – to express emotions and solve problems.

Being able to turn a challenge into an opportunity makes them feel alive. Their creative mindset allows them to see situations from different perspectives. They are a great team player with their artistic talent and ability to work with others.



PROBLEM-SOLVER

WE CAN FIGURE

THIS OUT TOGETHER

